

PATIENT INTAKE FORM



FAMILY & PERSONAL HISTORY

Please list family members (or yourself) who have the following conditions:	
Cancer:	Autoimmune disease:
Diabetes:	Arthritis:
High blood pressure:	Allergies:
Stroke:	Asthma:
Thyroid disease:	Mental Illness:
Other:	

Please list hospitalizations, surgeries, major accidents/injuries, x-rays, CAT scans, MRIs, EKGs, etc.	
Year	Description
Year	Description
Year	Description

Please list supplements you are currently taking							
1.	(Brand)	(Supplement Name)	(DallyDose)	4.	(Brand)	(Supplement Name)	(DallyDose)
2.	(Brand)	(Supplement Name)	(DallyDose)	5.	(Brand)	(Supplement Name)	(DallyDose)
3.	(Brand)	(Supplement Name)	(DallyDose)	6.	(Brand)	(Supplement Name)	(DallyDose)

MEDICATIONS

# Of Medications: _____			
Indicate with a check mark any medications you're currently taking or have taken in the past month:			
<input type="checkbox"/>	Antacids	<input type="checkbox"/>	Chemotherapy
<input type="checkbox"/>	Antibiotics	<input type="checkbox"/>	Cholesterol
<input type="checkbox"/>	Anticonvulsants	<input type="checkbox"/>	Cortisone
<input type="checkbox"/>	Antidepressants	<input type="checkbox"/>	Diabetic Medications
<input type="checkbox"/>	Antifungal	<input type="checkbox"/>	Diuretics
<input type="checkbox"/>	Aspirin/Ibuprofen	<input type="checkbox"/>	Heart Medication
<input type="checkbox"/>	Asthmainhalers	<input type="checkbox"/>	HighBloodPressure
<input type="checkbox"/>	Beta blockers	<input type="checkbox"/>	Hormone Therapy
<input type="checkbox"/>	Birth control	<input type="checkbox"/>	Laxatives
<input type="checkbox"/>		<input type="checkbox"/>	Insulin
<input type="checkbox"/>		<input type="checkbox"/>	Recreational drugs
<input type="checkbox"/>		<input type="checkbox"/>	Relaxants/Sleeping pills
<input type="checkbox"/>		<input type="checkbox"/>	Thyroid medication
<input type="checkbox"/>		<input type="checkbox"/>	Tylenol/acetaminophen
<input type="checkbox"/>		<input type="checkbox"/>	Ulcer medications
<input type="checkbox"/>		<input type="checkbox"/>	Other:

LIFE STYLE

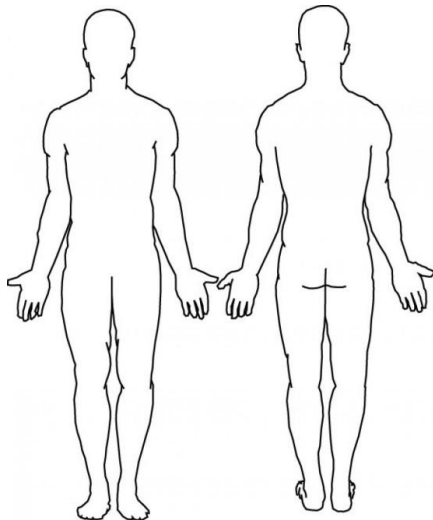
- ___ Exercise (3) = 5 times per week, (2) = 2 to 4 times per week, (1) = 1 time per week
- ___ Stress (3) heavy/chronic, (2) moderate /often stressed, (1) light/occasionally stressed, (0) never
- ___ Work over 40 Hours a Week (3) always, (2) usually, (1) occasionally, (0) never

PATIENT INTAKE FORM



PATIENT INFORMATION			
First name	Middle Initial		Last Name
Date of Birth	Age	Gender M / F	
Address			
City	State	Zip	
Preferred Phone #		Email	
Marital Status	#of Children	Occupation	
What type of Work do you do?			
How did you hear about this office? Sign Website Flyer Newspaper Referral Other			
Name of Medical Doctor		Permission to contact for labs, etc. Y / N	
Reason for today's visit:			
Have you seen another healthcare profession for this issue? Y/ N		If yes, who?	
When did your complaint first begin? _			
Previous injury to the area? Y/N (if Yes, please explain)			
Are you pregnant or trying to get pregnant? Y/N			

Please place an **X** over areas of concern



Areas of Complaint	Rate Pain 1-10 1=Minimal 10= Severe	Radiating	Sharp	Tingling	Numbness	Swollen	Tight/ Stiff
Headaches/ Migraines							
Neck							
Upper Back							
Shoulders							
Elbow							
Wrists							
Mid Back							
Lower Back							

Does anything reduce the pain? _____

Does anything make the pain worse? _____

PATIENT INTAKE FORM



Daniel I. Chamberlain, D.C. (The "Provider")

Effective April 1, 2017

CONSENT TO TREAT, CONSENT TO USE AND DISCLOSE PROTECTED HEALTH INFORMATION, AND ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICE

1. Patient Consent to Treat - I, the undersigned patient, consent to such treatment procedures as are deemed necessary by the Provider, including those which are in addition to or different from those initially contemplated, and which are deemed necessary or advisable by the Provider in the course of treatment.
2. Patient Consent for Use and Disclosure of Protected Health Information ("PHI") - I, the undersigned patient, give my consent to the Provider entity and its agent to use or disclose my protected health information ("PHI") to carry out treatment, payment, or health care operations. These individuals and entities can release, use, or disclose my PHI to other health care personnel including, but not limited to physicians, physicians assistants, child life specialists, physical therapists, respiratory therapists, X ray personnel, audiologists, students in each of the above disciplines, and other such entities or persons as are deemed related to treatment, payment, and health care operations, as determined in the sole discretion of the Provider, his/her practice group, and their respective agents.
3. Permission to Release Medical Records to Providers - If another provider who is involved with treatment, payment, or health care operations relating to me requests my medical records; I consent to the release of my entire medical record maintained by the Provider to those other providers.
4. Permission to Release Billing Information Over the Telephone - I agree, as part of this consent for payment operations, that the Provider, its group and their billing personnel, billing agents, or management company can disclose billing information to any person that calls the Provider with billing questions after the provider inquires as to the identity of the calling person and the calling person provides my correct social security number or health plan number.
5. Permission to Call and Leave Voice Mail Messages - I agree that the Provider or its agents or representatives may call and leave a voice mail message at my home or other number I provide them regarding medical appointments, billing or payment issues, or other information related to treatment, payment, or health care operations.
6. Permission to E-Mail - I grant permission to the Provider to e-mail to my home or other alternative location, any items that assist the practice in carrying out TPO. My e-mail address is the following: _____
7. Permission to Discuss Protected Health Information with Third Persons - I agree that the Provider may discuss my PHI with any person that accompanies me to a visit or procedure or is present with me when the Provider is present. The Provider may rightly assume if another person is with me, I have no objection to disclosure of my PHI to that person. I also agree that the Provider may discuss my PHI with any person that identifies him or herself as active in my mental, physical, emotional, or spiritual care, including but not limited to family, friends, clergy, and patient advocates. I also agree that the Provider, his/her practice group, and their agents may disclose my PHI to employers who arrange and pay, directly or indirectly, for my medical treatment.
8. Permission to Discuss Protected Health Information Regarding Minors - I agree that the Provider, his/her practice group, and their agents may discuss my child's PHI with the person accompanying the child. I agree that the Provider may discuss PHI with both natural parents and stepparents. I acknowledge that state law may grant my child certain privacy rights regarding the child's PHI, and that I have no right to receive this information.

PATIENT INTAKE FORM



9. Permission to Discuss Protected Health Information with Public Agencies- I agree the Provider, his/her practice group, and their agents may, upon request by the following entities, disclose my PHI to public health agencies, law enforcement, and the FDA.

10. Acknowledgement of Receipt of Notice of Privacy Practices - I acknowledge that I have received from this Provider a copy of a separate document, entitled, "Notice of Privacy Practices" which sets forth this provider's privacy practices and my rights regarding privacy of my PHI. The terms of the "Notice of Privacy Practices" may change. If the Provider changes its "Notice of Privacy Practices", I understand I may obtain a revised copy by contacting the Provider's office. A copy of this "Notice of Privacy Practices" is located in the waiting room and is available to me at any time. I understand that I have the right to review the "Notice of Privacy Practices" prior to signing this consent.

11. Right to Restrict Protected Health Information; Right to Revoke Consent - I understand that I have the right to request that the Provider restrict how my PHI is used or disclosed for treatment, payment or health care operations, and that the Provider is not required to agree to this restriction. If the Provider does agree to the restriction, however, the Provider is bound by such agreement. I also understand that I have the right to revoke this consent, in writing, except where the Provider has already made disclosures in reliance on my prior consent.

I understand that Dr. Daniel Chamberlain and his associates DO NOT accept insurances or third party payments of any kind including, but not limited to Medicare. I further understand that I am receiving wellness care which is not covered by any third party payer or insurance including Medicare, and I wave my right to file reimbursement from any third party payer or insurance company In relation to any treatment received from Dr. Daniel Chamberlain or his associates in the future. Upon request I will be provided with a receipt only for proof of payment for services.

Patient Signature of Personal Representative Date

Relationship, If Personal Representative

PATIENT INTAKE FORM



INFORMED CONSENT

I understand that I am primarily responsible for my health care, and that I am seeking advice, treatment, and knowledge about my health and current health condition(s), I understand that I may or may not choose to follow the Doctor's advice and/or recommendations and that my failure to do so may affect the potential outcome of my treatment. I understand that it is my responsibility to ask questions about my treatment and/or condition if I do not fully understand what has been said and/or presented to me. I understand that any type of care I receive, including Chiropractic care, has a certain level of risk including, but not limited to the possibility of stroke, fracture and/or death, and that it is ultimately my decision whether or not to receive this or any other care.

I understand that I am financially responsible for all charges.

I authorize Daniel Chamberlain, D.C. or his associates to treat my condition, and any future conditions when I am in their office

Printed Name

Signature

Date

Guardian

Signature

Date

PATIENT INTAKE FORM



Effective Date: April 1, 2017

MEDICARE WAIVER FORM

I understand that Dr. Daniel Chamberlain and or his associates DO NOT accept insurances or third party payments of any kind including, but not limited to Medicare. I further understand that I am receiving wellness care which is not covered by any third party payer or insurance including Medicare, and I wave my right to file reimbursement from any third party payer or insurance company in relation to any treatment received from Dr. Daniel Chamberlain or his associates in the future. Upon request I will be provided with a receipt only for proof of payment for services.

Patient Signature of Personal Representative Date

Relationship, If Personal Representative

PATIENT INTAKE FORM



3839 Main Street, Warrensburg, NY 12885
(518) 623-4878

Date:

Re:

To Whom It May Concern:

This is to certify that the above named patient is currently under my care. In order to avoid aggravation of his/her condition, I recommend that he/she be excused from:

School

Physical Education

Sport Practice/Games

Work

Continue activity with the following restrictions:

Starting:

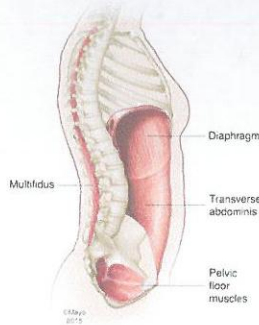
The above patient may return to regular scheduled activity on: _____

If you have any questions, please feel free to contact this office.

Sincerely,

Daniel Chamberlain, D.C.

PATIENT INTAKE FORM



The core is comprised of more than just the rectus abdominis (6 pack muscles). Your core includes your diaphragm, muscles in your back, pelvic floor, transverse abdominis, internal and external obliques, and rectus abdominis. You can think of your core as a cylinder or a soda can. It has a top, bottom, and sides. It is important to work all of the muscles of your core to improve the stability of the low back, and reduce the risk of injury.

Bracing: the act of tightening the entire core as if you were blowing out birthday candles, or if you were about to get punched in the stomach. This **DOES NOT** mean sucking your belly button towards your spine.

<p>FOCUS on FORM</p> <p><i>forearm plank</i></p>	<p>Progression:</p> <ul style="list-style-type: none"> • Start on knees and elbows • Work up to feet and elbows • Then feet and hands • Challenge: add shoulder taps or raising one arm and opposite leg • Keep low back straight, DO NOT drop hips towards ground or lift bottom into the air
<p>how to do side plank pose vasisthasana</p>	<p>Progression:</p> <ul style="list-style-type: none"> • Start on knees and elbow • Work up to hand and knees • Then feet and hand • Challenge: lift top leg • Keep head in line with spine, and keep hips straight up and down without dropping your hips towards the ground
	<p>Progression:</p> <ul style="list-style-type: none"> • Brace abdomen, DO NOT suck belly button towards spine • Keep hips parallel to floor • Keep head in line with spine • Pretend like you have a glass of water between your shoulder blades, and another on the low back • Start with one arm or one leg at a time, and work up to one arm and opposite leg
<p>Abs</p> <p>Dead Bug</p> <p><i>alternate sides</i></p>	<p>Progression:</p> <ul style="list-style-type: none"> • Tilt pelvis so the low back is completely flat against the ground • Keep chin tucked and head on the ground • Brace abdomen • Keep motion controlled and fluid • Start with one arm or one leg at a time, and work up to opposite arm and leg